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POST CARE INSTRUCTIONS FOR CLINICAL NEEDLING/ ROLLING

Even though the initial outer skin will heal and peel within 7 days or so, there will be healing that takes place on the deeper level that you cannot see on the outside. It will take approximately 30 days for the complete healing process to occur. Depending on the areas being treated, you may require multiple treatments.

Be patient with the process

There will be a light pink - red color to your skin right after the treatment. This is normal. Keep a thin layer of the 3,6, 9 oil blend or pure vitamin E oil on the area treated and reapply as often as it feels dry. You will need to do this until the initial healing is done. This may take up to 7 days. **DO NOT LET THE AREA DRY OUT!**

The area treated will begin to lightly peel. This is part of the process and should occur. When the peeling is finished, you will no longer have to keep applying the oil.

DO NOT use any makeup on or near the treated area until the healing and peeling is complete.

For any initial swelling, you can use ice. 20 min on/off as often as you like. Please do not leave ice on skin for longer than 20min at a time.

Contact your doctor if you have any prolonged pain or redness around the area or if you have a fever of 101 or greater