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ForeverLaBellePermanentCosmetics.com

PRE-PROCEDURE INSTRUCTIONS

Use BASIC soap (for your skin type) and no moisturizers for several days prior to your procedure. This includes NO makeup or moisturizers the day of procedure. Allow 2 hours for your makeup procedure. Consult your doctor and the permanent makeup technician before taking any medications prior to coming to your appointment. Eat well before the procedure. Avoid alcohol and caffeine.

- For an eyeliner procedure, have someone drive you home. Do not operate a vehicle yourself for 8 hrs.
- Do not wear contact lenses, as you will not be able to wear them for 48 hours.
- Do not tweeze, wax, have electrolysis or get sunburned for one week prior to treatment.
- Lip liner and full lip clients are advised to take OTC Lysine prior to appointment. (Dosage: 2X's day for 7 days). Consult your doctor before taking any medication.
- If you have had fever blisters in the past you MUST obtain a prescription for Valtrex or equivalent prior to the procedure. Consult your doctor before taking any medication.
- If lip client and have Mitral Valve Prolapse, you MUST obtain a prescription for Prophylactic antibiotics. Consult your doctor before taking any medication.
- Do not use Aspirin or Ibuprofen (Advil) for 2 weeks prior to treatment. Use Tylenol instead.
- You can take extra vitamins and calcium prior to your appointment to help healing and reduce swelling. However, DO NOT take vitamin B.
- DO NOT take codeine prior to treatment.

DATE: _____ **SIGNATURE:** _____

LAST NAME: _____ **FIRST NAME:** _____ **MI:** _____

CLIENT INITIAL _____